

# Drugs in teens life

Vol XCIII, No. 311

Monday, May 26 , 2014

\$1.25

## Adolescence and drugs



Nowadays teens can get drugs more easily and they are more cheaper than ever. A normal teen face drugs when he is in high school and he has to decide if he want to follow that path and be addicted to them or he can just ignore them and have a perfectly normal life with out them.

The use of drugs can be seen as a away to escape life problems but taking them will harm you more than that problems. Taking drugs is the solution? No! Don't be a cover and run away from the challenges of life, face them and overcome them.

If you know of a friend that take drugs the first step to help him is to support him and talk with his parents or medical identity's.

The use of drugs will never be seen as a solution so just ignore their existence and live your life to the full extend.

## Why teens consume drugs?



Teens use drugs because of the peer pressure or because they just want to be popular or well known and also because they want to be accept by their friends.

## More common drugs:



*"Drugs gave me wings to fly and took heaven away from me" - John Lennon*

## The harmful effects of drug

Drugs can have several consequences like violence, bad drugs, strong, tastes change and then there are the worst effects, the ones who can cause issues forever and even dead like heart attack, stroke, chronic fatigue and depression that can lead to suicide.



## Who can help this teens?



Teens who are addicted to drugs will need not just medical help but also familiar and friends support. They need to know that they are supported by the ones who love them and they need to realize that they are important figures in someone else life. Teens need to feel that they are not alone in the challenge of quitting the drug addiction. The first step that this teens need to know is realizing that they are addicted and that they need help, that is a critical step in recovery for this young men.

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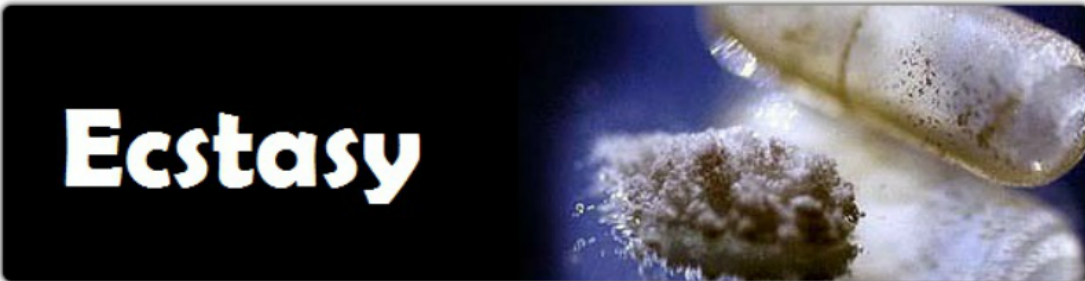
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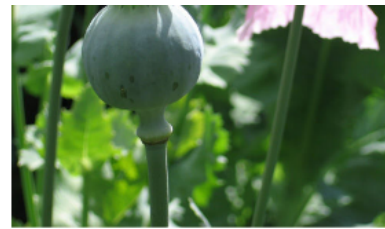
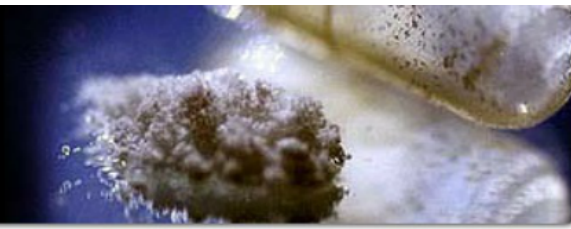
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# More common drugs:

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# Ecstasy



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